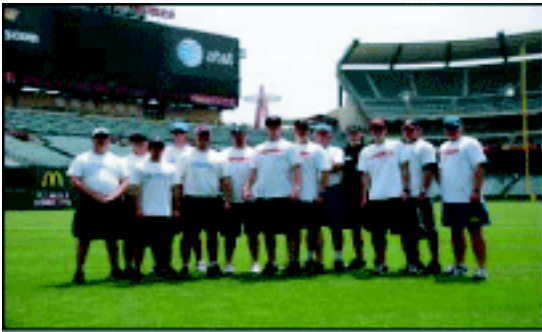


IN ASSOCIATION WITH
LIFELETICS

**SATURDAY
FEBRUARY 16
9:00AM to 11:30PM**

SPRING TRAINING

2 ½ HOUR INSTRUCTIONAL CLINIC FOR ATHLETES AND COACHES



Join Lifeletics instructors Sunday, Feb 16th at Bob Henry Park for the 2013 Lifeletics Spring Training Clinic at NHBA. Clinic offers a great opportunity for athletes to dust off the gloves and bats and prepare for the spring season! Station instruction includes hitting, fielding, pitching, baserunning, outfield and is offered by professional players and coaches - the highest quality training staff!

NHBA has invited Lifeletics to offer their 2013 Coaching Clinic to all member managers, coaches and parents.

Learn proven methods for planning practices and managing your team, as well as how to teach the fundamentals of baseball in fun, creative and effective ways. Lifeletics offers interactive, enjoyable and easy-to follow clinics, breaking down skills to a series of simple steps. Clinic includes a 2 ½ hour presentation and an instructional packet loaded with information and drills. Bring your glove and dress comfortably!

Lifeletics is the **ONLY** instructional staff selected to lead the RBI youth skills clinics inside and on the field of ANAHEIM STADIUM. Several current professional players will be instructing at the clinic

**Receive \$10 off
Register online by 2/9
for discounted price of \$25
(\$40 fee after 2/9)
STC - 2013 - NHBA**

Coaching clinic led by Lifeletics President Dan Keller, author of Human Kinetics' publication The Survival Guide to Coaching Youth Baseball and Lifeletics publication Coaching the Beginning Pitcher.

ATHLETES

\$25

****\$40 if received after 2/9****

COACHES

FREE!!!

CLINIC AT BOB HENRY PARK

NO REFUNDS: In case of rain, clinic may be moved indoors to the Lifeletics Training Facility or rescheduled to a make-up date set around the league calendar. All registered athletes will be invited to attend. **NO REFUNDS.** For more info, contact Lamar Jefferson 949.254.4406 or our facility at the information below.

REGISTER ONLINE: www.lifeletics.com

www.lifeletics.com 714.843.1989 team@lifeletics.com

LIFELETICS

Where Life Meets Baseball